

# Health and Wellbeing

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# Links to other themes

- Improving the health of children and young people
- Tackling alcohol and drug abuse
- Strengthening communities and building capacity

# Joint Strategic Needs Assessment (JSNA)

- Identifies areas which show high levels of inequality, providing focus for future activity
- Recognises lifestyle factors
- Identifies key issues, and how different sectors can respond
- Currently being updated

# Carers

- “Improving services for carers”
- The Carers Partnership Board launched in October 2008
- Carers Centre opened in National Carers Week (12 June 2009)
- Five ‘blob’ rating for services for carers

# Smoking

- Higher levels of smoking compared to England as a whole
- Different levels of take-up of Stop Smoking Service across different ethnic groups
- Higher levels of smoking in areas of multiple deprivation
- Exceeded target for Local Area Agreement 'four week quitters'

# Physical activity

- Low levels of reported activity (Active People survey)
- Links to obesity, including childhood obesity
- Change4Life – shop in The Mall
- Free swimming (16 and under, over 60)

# Older People

- “Whole system” approach – recognises that most older people do not use services most of the time
- Recognises importance of variety of services from leisure and social activity through to hospital and long-term care
- Requires a partnership response

# Whole System - Aims

- Making a positive contribution
- Getting good information, advice and advocacy
- Having sufficient income
- Living in good, safe neighbourhoods and able to get out and about
- Keeping healthy and active

# Challenges

- Lifestyle factors
- An ageing population, and the services they will require
- Safeguarding

# Challenges

- Transformation – redesigning services, such as personalised budgets
- Proactive emphasis on promoting good health rather than treatment